

## Early Help.

## Context.

Every family is unique with its own combination of strengths and weaknesses. Any family can get overwhelmed by what seems like endless challenges when it comes to juggling money, school and each other's needs. And sometimes families are disrupted by a change in circumstance such as a mental or physical illness, a job loss, or an addiction. Even "joyful" events such as a wedding or a new job can bring unexpected problems.

So what is Early Help?

The purpose of early help is to prevent issues and problems becoming serious and harmful to a child or young person, their family and community. When children and families need this extra support, they often need it quickly. Provision of early help support can be at all stages of a child's life: pre-birth, during pregnancy, childhood or adolescence.

What does Early Help look like at OBPS? We have a variety of things we can do at school. We have staff whose role it is to work with the children either I:I, or in small groups, exploring different aspects of children's development. Building strong links with all the external agencies available to us, helps enable us to liaise and signpost to various other sources of help as appropriate. These include- CYP, Family Services, Suffolk Young Carers, CAMHS, SES, Foodbanks, Police, School Nursing teams, etc.

We also have a number of other supports we can put in place within school. These include Pastoral time, Cosy Club, I: I time, specific interventions-eg, Time to Talk, Ginger Bear, etc.

## Key Contacts in School.

Safeguarding Leads - Mr White, Mrs Fox, Mrs Orves, Mrs Bond

Pastoral Lead - Mrs Orves

You can message any of us through dojo, ring the school on 01502 565930, or email admin@oultonbroad.suffolk.sch.uk