











## Autumn/Winter





Menu 2025/26



Introducing our Autumn/Winter School Lunch Menu, offering high quality, varied dishes using local and seasonal ingredients where possible!



All new recipes and products have been trialled in schools with our young customers and kitchen teams.

All sauces are homemade and many dishes include added vegetables to support healthy diets.

Two desserts a week contain 50% fruit.

Contact us if you would like to know more about our dishes or would like any of our recipes



A full allergen list for this menu can be found on our website <a href="www.norsecatering.co.uk">www.norsecatering.co.uk</a>
Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Allergen Aware Registration Form which can be found in the school

If you think your child/children may be eligible for a FREE school meal visit www.gov.uk/apply-free-school-meals

www.norsecatering.co.uk

Please note the menu may be subject to change to meet local needs.

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Hot Option 1	Margherita Pizza with Potato Wedges (v)	Breaded Chicken in a Wrap with Steamed Rice and a Dip	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Pork and Carrot Meatballs in Tomato Sauce with Spaghetti	Breaded Fish Fingers or Salmon Fingers and Chips	
Hot Option 2	Vegemince Bolognese with Spaghetti (v)	Homemade Bean Burger in a Wrap with Steamed Rice and a Dip (v)	Plant Sausages with Roast Potatoes and Gravy (v)	Tex Mex Chilli Loaded Wedges (v)	Spanish Omelette and Chips (v)	
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	
Served with	Peas and Sweetcorn	Salad Sticks	Carrots and Cabbage	Mixed Vegetables	Peas or Baked Beans	
And for Pudding	Cocoa Mousse	Jam Sponge with Custard	Chewy Krispie Bar	Apple Crunch with Greek Yogurt	Cocoa Oatcake with Orange Wedges	
Packed Lunch	Tuna, Ham or Cheese Sandwich, Salad Sticks, Sultanas, Cocoa Mousse	Tuna, Ham or Cheese Sandwich, Pizza Finger, Salad Sticks, Jam Cupcake	Tuna, Ham or Cheese Sandwich, Salad Sticks, Fruit Portion, Chewy Krispie Bar	Tuna, Ham or Cheese Sandwich, Salad Sticks, Sultanas, Fruit Jelly	Tuna, Ham or Cheese Sandwich, Salad Sticks, Orange Wedges, Cocoa Oatcake	
Week One: 3 Nov   24 Nov   15 Dec   19 Jan   9 Feb   9 Mar — Fresh Fruit Available Daily						

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Hot Option 1	Margherita Pizza with Tomato Pasta (v)	Chicken Burrito Bake with Steamed Rice	Roast Chicken with Stuffing, Roast Potatoes with Gravy	Sausage Pastry Pinwheel with Potato Wedges	Chicken Fillet Bites and Chips
Hot Option 2	Sweet Potato and Lentil Curry with Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Cheese and Potato Pie with Gravy (v)	Plant Sausage Pastry Pinwheel with Potato Wedges (v)	Garden Vegetable Goujons and Chips (v)
Jacket Potato	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Served with	Salad Sticks	Peas and Sweetcorn	Carrots and Green Beans	Baked Beans	Peas or Baked Beans
And for Pudding	Cocoa Orange Cupcake	Shortbread with Apple Wedges	Oaty Cookie	Fruit Jelly	Iced Sprinkle Cake
Packed Lunch	Tuna, Ham or Cheese Sandwich, Salad Sticks, Sultanas, Cocoa Orange Cupcake	Tuna, Ham or Cheese Sandwich, Pizza Finger, Apple Wedges, Shortbread	Tuna, Ham or Cheese Sandwich, Salad Sticks, Fruit Portion, Oaty Cookie	Tuna, Ham or Cheese Sandwich, Salad Sticks, Sultanas, Fruit Jelly	Tuna, Ham or Cheese Sandwich, Salad Sticks, Sultanas, Iced Sprinkle Cake

Week Two: 10 Nov | 1 Dec | 5 Jan | 26 Jan | 23 Feb | 16 Mar — Fresh Fruit Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
Cheesy Pasta (v)	Pork Chilli Loaded Wedges	Chipolata Sausages with Yorkshire Pudding, Mashed Potato and Gravy	Chinese-Style Chicken with Noodles	Breaded Fish Fingers and Chips
Plant Balls in Tomato Sauce with Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v)	Cheese and Potato Pastry Pinwheel with Potato Wedges (v)	Vegetarian Enchilada with Chips (v)
Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans	Jacket Potato with Cheese and/or Beans
Mixed Vegetables	Mixed Salad	Carrots and Peas	Sweetcorn and Broccoli	Peas or Baked Beans
Flapjack and Apple Wedges	Cocoa Sponge with Cocoa Sauce	Peach Crunch with Greek Yogurt	Vanilla Ice Cream	Carrot Cake
Tuna, Ham or Cheese Sandwich, Salad Sticks, Apple Wedges, Flapjack	Tuna, Ham or Cheese Sandwich, Salad Sticks, Sultanas, Cocoa Cupcake	Tuna, Ham or Cheese Sandwich, Salad Sticks, Sultanas, Fruit Jelly	Tuna, Ham or Cheese Sandwich, Sultanas, Fruit Portion, Ice Cream	Tuna, Ham or Cheese Sandwich, Salad Sticks, Sultanas, Carrot Cake
	Cheesy Pasta (v)  Plant Balls in Tomato Sauce with Steamed Rice (v)  Jacket Potato with Cheese and/or Beans  Mixed Vegetables  Flapjack and Apple Wedges  Tuna, Ham or Cheese Sandwich, Salad Sticks, Apple	Cheesy Pasta (v)  Pork Chilli Loaded Wedges  Plant Balls in Tomato Sauce with Steamed Rice (v)  Plant Balls in Tomato Sauce with Steamed Rice (v)  Jacket Potato with Cheese and/or Beans  Mixed Vegetables  Mixed Salad  Flapjack and Apple Wedges  Tuna, Ham or Cheese Sandwich, Salad Sticks, Apple  Pork Chilli Loaded Wedges  Tomato Pasta Bake (v)  Jacket Potato with Cheese and/or Beans  Mixed Salad Cocoa Sponge with Cocoa Sauce  Tuna, Ham or Cheese Sandwich, Salad Sticks, Sultanas,	Cheesy Pasta (v)  Pork Chilli Loaded Wedges  Potato and Gravy  Plant Balls in Tomato Sauce with Steamed Rice (v)  Packet Potato with Cheese and/or Beans  Mixed Vegetables  Flapjack and Apple Wedges  Flapjack and Apple Wedges  Tuna, Ham or Cheese Sandwich, Salad Sticks, Apple  Scheese And Potato with Chieves and Gravy (v)  Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v)  Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v)  Apole Sauce With Cheese and/or Beans  Carrots and Peas  Flapjack and Cocoa Sponge with Cocoa Sauce  Tuna, Ham or Cheese Sandwich, Salad Sticks, Sultanas,  Sticks, Sultanas,	Cheesy Pasta (v)  Pork Chilli Loaded Wedges  Plant Balls in Tomato Sauce with Steamed Rice (v)  Placket Potato with Cheese and/or Beans  Mixed Vegetables  Mixed Salad  Flapjack and Apple Wedges  Pork Chilli Loaded Wedges  Pork Chilli Loaded Wedges  Pork Chilli Loaded Wedges  With Yorkshire Pudding, Mashed Potato and Gravy  Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v)  Jacket Potato with Cheese and/or Beans  Mixed Salad  Carrots and Peas  Sweetcorn and Broccoli  Peach Crunch with Greek Yogurt  Tuna, Ham or Cheese Sandwich, Salad Sticks, Apple  Tuna, Ham or Cheese Sandwich, Salad Sticks, Sultanas, Sticks, Sultanas, Fruit Portion,